

**Full Report (All Nutrients) 45107871, ADOLPH'S, MEAL MAKERS, BEEF STEW MIX, ADD MEAT & VEGETABLES, UPC: 021500010368**

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**Report Date: May 01, 2017 01:53 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer MCCORMICK & COMPANY, INC.

Nutrient	Unit	Data points	Std. Error	1 Tbsp 7g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	20	286
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	4.00	57.14
<b>Minerals</b>					
Iron, Fe	mg	--	--	0.36	5.14
Sodium, Na	mg	--	--	760	10857
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	4.8	68.6

**Lipids**

**Amino Acids**

**Other**

**Ingredients**

POTATO FLOUR, SALT, ONION, MODIFIED FOOD STARCH, PAPRIKA, CARAMEL COLOR, YEAST EXTRACT, TRICALCIUM PHOSPHATE (PREVENTS CAKING), GARLIC, BLACK PEPPER, BROMELAIN (FROM PINEAPPLE), EXTRACTIVES OF PAPRIKA (FOR COLOR), SOY LECITHIN. *Date Last Updated by Company: 05/17/2016*